

Recommended Technique Schedule for E-BE Project 12-week format

Notes:

- Along with your study of the E-BE Project, it is *recommended* that you "experience" the "frequency" of the material by following the Recommended Technique Sequence as it appears on the Azurite Press website on this page: http://www.azuritepress.com/techniques/new_technique_outline.html. Although this is the *recommended* schedule, it is important that you do the techniques at your own pace. Following the suggested **sequence** of techniques, however, is critical to safe and swift DNA activation and will greatly assist in your integration and understanding of the information.
- Because many of the techniques are lengthy, most have been recorded by the Speakers and are available on CD to facilitate your progress. Information about these Technique CDs can be found on: <http://www.amentiproject.net/recommendedmaterial.htm>

Week 1:

The Maharic Seal and Liquid Light Cleanse

<http://www.amentiproject.net/AmentiProject/Techniquesfile.pdf>

The Eckasha Maharic Seal Technique

<http://www.azuritepress.com/techniques/Maharic.htm>

Song of Lyra

http://www.azuritepress.com/techniques/invocation_of_the_maharata.htm

Epsilon Sequence

<http://www.amentiproject.net/E-BEProject/Epsilon.pdf>

These techniques can be found on Tracks 1, 11, and 6 of the <i>Basic Techniques CDs</i> [Product code BT/CD]

Week 2:

The Emerald and Amethyst Awakening

http://www.azuritepress.com/techniques/emerald_amethyst_awakening.htm

This technique can be found on Disk 1: Tracks 1–2 of the <i>Essential Newcomers Techniques CDs</i> [Product code ENT/2CD]
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Week 3:

Creating a Personal Bio-Field Link to the Universal Christos-Trion-Meajhe Field

http://www.azuritepress.com/techniques/trion_meajhe_field_link.htm

This technique can be found on Disk 1: Tracks 3–18 of the <i>Essential Newcomers Techniques CDs</i> [Product code ENT/2CD]

Week 4:

Induction of the Eckasha God Seed Code: Restoring the Meajhe Field-Photo-Sonic Healing

http://www.azuritepress.com/techniques/eckasha_activation.htm

This technique can be found on **Disk 1: Tracks 19–20** of the *Essential Newcomers Techniques CDs* [Product code ENT/2CD]

Week 5:

Induction of the IahaiA and the Magic Words of Co-Creation

http://www.azuritepress.com/techniques/iahaia_code.htm

This technique can be found on **Disk 1: Tracks 21–23** of the *Essential Newcomers CDs* [Product code ENT/2CD]

Week 6:

Pineal Induction of the Lehaia, & the UrimanU Codes and the Psonn of Khemalohatea

http://www.azuritepress.com/techniques/lehaia_and_urimanu_codes.htm

http://www.azuritepress.com/techniques/psonn_of_khemalohatea.htm

This technique can be found on **Disk 1: Tracks 21–23** of the *Essential Newcomers CDs* [Product code ENT/2CD]

Week 7:

Tribal Shield-Cue Zones Activation

http://www.azuritepress.com/techniques/cue_zone.html

This technique can be found on **Tracks 5–9** of the *Cue Zone Techniques CDs* [Product code CZ+/CD]

Week 8:

Sacred Salutations (Solar and Lunar)

<http://www.azuritepress.com/techniques/salutation.html>

This technique can be found on **Track 10** of the *Cue Zone Techniques CD* [Product code CZ+/CD]

Week 9:

Flame Body Activations: Techniques 1–4

Technique-1: The Eckasha Quick Seal Activation

http://www.azuritepress.com/techniques/technique_1.htm

Technique-2: Astral Awake, Aware & Able

http://www.azuritepress.com/techniques/technique_2.htm

Technique-3: The Eiros Flame and the Silver Sanctum

http://www.azuritepress.com/techniques/technique_3.htm

Technique-4: Commanding Silence from the Inner Throne of Power

http://www.azuritepress.com/techniques/technique_4.htm

<p>These techniques can be found on Disk 1: Tracks 1–8 of <i>The Dance for Freedom “20 Techniques” Sequence CDs</i> [Product code AF/CDT]</p>
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Week 10:

Flame Body Activations: Techniques 5–7

Technique-5: Born Free—Live-Free—Shadow Healing Preparation

http://www.azuritepress.com/techniques/technique_5.htm

Technique-6: Shadow Shielding—Shadow Healing Step-1 Shadow Body Silver Sanctum Bonding

http://www.azuritepress.com/techniques/technique_6.htm

Technique-7: Awakening the Flame of Amoraea

http://www.azuritepress.com/techniques/technique_7.html

<p>These techniques can be found on Disk 2: Tracks 1–6 of <i>The Dance for Freedom “20 Techniques” Sequence CDs</i> [Product code AF/CDT]</p>
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Week 11:

Flame Body Activations: Techniques 8–12

Technique-8 Part 1 & 2: Shadow Healing Step-2—The DNA Amoraea Buffer

http://www.azuritepress.com/techniques/technique_8.htm

Technique-9: Sacred Psonns

http://www.azuritepress.com/techniques/technique_9.html

Technique-10: The "I AM Free" Linguistic Template Reprogramming Power Grid

http://www.azuritepress.com/techniques/technique_10.html

Technique-11: Shadow Healing Linguistic Template Reprogramming Power Grid

http://www.azuritepress.com/techniques/technique_11.html

Technique-12: The 12:12 Induction and Rishiac Shield Activation
http://www.azuritepress.com/techniques/technique_12.html

Technique-12 B: "I AM the Sacred Sun" LTR Grid
http://www.azuritepress.com/techniques/technique_12_b.html

These techniques can be found on **Disk 3: Tracks 1–16** of *The Dance for Freedom “20 Techniques” Sequence CDs* [Product code AF/CDT].

Week 12:

Flame Body Activations: Techniques 13–20

Technique-13: Shadow Healing Step-3 De-Cording Shadow Dancers
http://www.azuritepress.com/techniques/technique_13.htm

Technique-14: Shadow Healing Step-4 Amoraea Invitational—Shadow Body Integration
http://www.azuritepress.com/techniques/technique_14.htm

Technique-15: Amoraea Contact Platform
http://www.azuritepress.com/techniques/technique_15.htm

Technique-16: The Gold Wave Monadic Infusion—Veca Code-8 Reushaia Induction
http://www.azuritepress.com/techniques/technique_16.html

Technique-17: The 11:11 Veca Code-11 & Parallel Thun-Immanu
http://www.azuritepress.com/techniques/technique_17.html

Technique-18 Betcha-Hova Scan Procedure (optional)
http://www.azuritepress.com/techniques/technique_18.html

The "Witness Quiz"—must be used before first use of Technique-19 (optional)
http://www.azuritepress.com/techniques/witness_quiz.html

Technique-19: Opening Ecka-Contact Communication Lines—CONTACT-2
http://www.azuritepress.com/techniques/technique_19.html

Technique-20: Templar Reuche Code #12 Induction
http://www.azuritepress.com/techniques/technique_20.html

These techniques can be found on **Disk 4: Tracks 1–15** of *The Dance for Freedom “20 Techniques” Sequence CDs* [Product code AF/CDT]